

## Volunteer Handbook

### Welcome Letter

Dear Volunteer,  
Thank you for choosing to be the change.  
At Anant Aman, we believe that every hand, every heart, and every step matters. This guide is your quick reference to what we do, how we work, and how you can be part of something that saves lives.

### Our Mission

To serve those who are unseen, the hungry, the unwell, the forgotten and bring dignity, health, education, and empathy to their lives.

### Where You Can Help

- Babu Ki Rasoi (BKR): Meal distribution.
- CAPP: Awareness sessions, support at health camps.
- FAA: Youth event planning, social media, content.
- Special Drives: Ration kits, fundraisers, school sessions.

### Code of Conduct

- Respect the dignity of those we serve
- Always be present and punctual
- Keep all images/videos confidential unless authorized
- No political, religious, or judgmental comments
- Stay humble, stay kind

### Time Expectations

We value your time. You can commit:

- Few hours/week (light involvement)
- Weekends only (events & campaigns)
- Full weeks (project interns)

“Someone out there is alive because someone like you decided to show up.”

Thank you  
Bhushan Pungliya  
Anant Aman Social Welfare Society

